

# coop deals

MAY 18 - MAY 31, 2022

don't forget the cones

## THE SWEET OUTDOORS

Eating outdoors is a great option as the weather warms up. No meal is complete without a delicious treat like Talenti's gelato. Scoop your favorite flavor into a cone, top with sprinkles and say "Cheers!" to summer days!



4.49

Talenti  
Gelato or Sorbetto  
1 pint, selected varieties



2/\$4

Hiball Energy  
Seltzer  
16 fl. oz., selected  
varieties



4.49

Applegate  
Naturals  
Uncured Beef Hot  
Dogs  
10 oz.



9.99

Napa Valley  
Naturals  
Organic Extra  
Virgin Olive Oil  
25.4 fl. oz.



Savor the season!

Summer Savings at the co-op.



**4/\$5**

Siggis Skyr Yogurt  
4.4-5.3 oz., selected varieties



**2/\$3**

So Delicious Coconutmilk Yogurt  
5.3 oz., selected varieties



**3/\$7**

Perfect Bar Organic Protein Bars  
2.2-2.5 oz., selected varieties



**3.49**

Brown Cow Cream Top Yogurt  
32 oz., selected varieties



**3.99**

So Delicious Organic Coconutmilk  
64 fl. oz., selected varieties

*pasture-raised organic cheese*



We're from Wisconsin, and we take a lot of pride in our cheese. We combine time-honored recipes with pasture-raised milk to make the tastiest cheese in the country.

**4.99**

Organic Valley Feta or Part Skim Mozzarella Cheese  
8 oz., selected varieties

*100% grass fed, 100% delicious*

Produced by cows that eat 100% organic grass 100% of the time, **Organic Valley's** Grassmilk products give you and your family a true taste of the earth's organic goodness — and even more omega-3!



**2.79**  
Organic Valley Grassmilk Half & Half  
1 pint



**4.99**  
Organic Valley Grassmilk  
64 fl. oz., selected varieties



**5.99**  
Organic Valley Grassmilk Raw Cheddar Cheese  
8 oz., selected varieties

**The co-op has dairy and nondairy options.**





**2.99**

Field Roast  
Deli Slices  
5.5 oz., selected varieties



**3.49**

Lightlife  
Smart Dogs  
12 oz.



**4.49**

Lightlife  
Organic Tempeh Strips  
6 oz., selected varieties



**4.99**

Field Roast  
Chao Slices  
7 oz., selected varieties

*plant-based must-haves*

Lightlife and Field Roast offer great plant-based options for breakfast, lunch on the go, or grilling at home!



**2/\$5**

GT's  
Organic  
Kombucha  
16 fl. oz., selected varieties



**3.99**

Harmless Harvest  
Organic Coconut  
Water  
16 fl. oz.



*plant based, great taste*

Gardein offers a wide variety of plant-based proteins with a great taste and texture. Non-GMO Project-verified and always vegan.



**4.49**

Gardein  
Tenders, Strips or Wings  
8.1-10.5 oz., selected varieties



**5.99**

Miyoko's  
Creamery  
Organic  
Cashewmilk  
Mozzarella  
8 oz., selected varieties

**Find all your plant-based favorites at the co-op.**

*delicious,  
plant-based  
meat*

The positive choices we make every day — no matter how small — can have a great impact on ourselves and the planet. At **Beyond**, we've taken the animal-based meal off the table, while still delivering the meaty, plant-based, better-for-you meals you crave.



**4.49**  
Beyond Meat  
Breakfast Sausages  
8.3 oz., selected varieties



**4.99**  
Beyond Meat  
Beyond Burgers  
8 oz., selected varieties



**6.99**  
Beyond Meat  
Beyond Sausages  
14 oz., selected varieties



**7.99**  
Beyond Meat  
Beyond Beef  
16 oz.



**6.99**  
Bubbies  
Bread & Butter  
Pickle Chips  
33 fl. oz.



**2/\$4**  
Woodstock  
Organic Tofu  
14 oz., selected varieties

*clean eating starts with pizza*



Ingredient-obsessed pizza made from almond flour. Now available in nine mind-melting varieties with 4 to 22 g. of protein per serving. Certified gluten and grain free. Low carb and keto-certified varieties available.

**7.49**  
Cappello's  
Gluten-free Pizza or  
Pasta  
8-12 oz., selected varieties



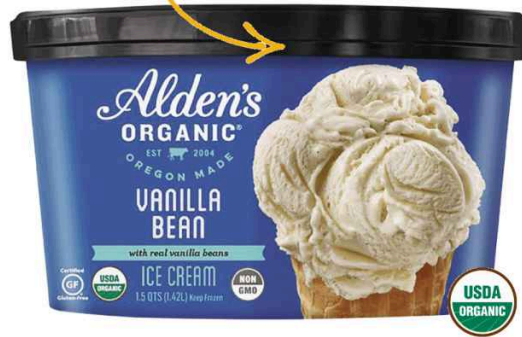
**4.99**  
Canyon Bakehouse  
Gluten-free Bread  
18 oz., selected varieties

**The co-op has something for everyone.**





America's favorite organic ice cream



Alden's is committed to making products irresistible for all, offering a wide variety of dairy and dairy-free frozen desserts.

6.99

Alden's Organic Ice Cream

48 fl. oz., selected varieties



3.99

Goodpop Frozen Pops

4-8 ct., selected varieties



We all scream for ice cream!

Sweet deals at the co-op.



made with premium ingredients

Coolhaus Ice Cream Sandwiches are made with real cookies that are soft right out of the freezer, plus creamy, premium ice cream. LGBTQIA+ Pride, women-founded and led.

2/\$6

Coolhaus

Ice Cream Sandwiches

5.8 fl. oz., selected varieties



Frozen favorites are at the co-op.



**2.79**  
Woodstock  
Organic Ketchup  
20 oz.



**2.79**  
Woodstock  
Organic Mustard  
8 oz., selected varieties



**4.49**  
Woodstock  
Organic Mayonnaise  
16 oz.



**4.49**  
Woodstock  
Organic Pickles  
24 oz., selected varieties



*elevate your  
condiment game*

Here at **Woodstock®**, we celebrate foods that make you feel great about what you buy, eat and serve your family. Our ingredients are simple, satisfying and farmed from sources you can trust.



**2/\$4**  
Near East  
Couscous Mix or  
Rice Pilaf  
5.2-10 oz., selected  
varieties



**2/\$4**  
Wild Planet  
Sardines  
4.4 oz., selected varieties



**2.49**  
Native Forest  
Organic  
Unsweetened  
Coconut Milk  
13.5 fl. oz.

*support Celiac Awareness Month*



Udi's is committed to making delicious food that just happens to be gluten free. You shouldn't have to compromise on taste, so we offer full-flavor alternatives to support your lifestyle.

**3.99**

Udi's  
Gluten-free Hot Dog  
or Hamburger Buns  
6-8 ct., selected varieties



**Plan your next BBQ with help from the co-op.**





**2.29**

**Westbrae Organic Beans**  
15 oz., selected varieties



**2/\$6**

**C2O Coconut Water**  
33.8 fl. oz., selected varieties



**2/\$6**

**Westsoy Organic Soymilk**  
32 fl. oz., selected varieties



**2/\$6**

**Frontera Salsa**  
16 oz., selected varieties



**4.49**

**Blue Diamond Almondmilk**  
64 fl. oz., selected varieties

*meal-time basics*

**QUICK AND EASY OPTIONS**

The co-op has plenty of shelf-stable options for easy weeknight meals — making your week smoother with more time to enjoy the spring weather. Don't forget to visit the co-op's bulk section for ingredients you need a little or a lot of, too!



**2/\$7**

**Chickpea Organic Chickpea & Lentil Pasta**  
8 oz., selected varieties



**2.19**

**Organic Green Lentils**  
per pound in bulk



**2.39**

**Organic Tri-Color Quinoa**  
per pound in bulk



**5.99**

**Walnut Halves & Pieces**  
per pound in bulk

**The co-op has great recipe ingredients.**



best ingredients,  
best tastes

**3/\$5**

Santa Cruz  
Organic Lemonade  
32 fl. oz., selected varieties

**2/\$4**

R.W. Knudsen  
Recharge  
32 fl. oz., selected varieties

**2/\$6**

R.W. Knudsen  
Juice Blends  
32 fl. oz., selected varieties

Make your summer delicious with beverages you can feel good about. Look for the **R.W. Knudsen Family®** and **Santa Cruz Organic®** brands to choose products made from the highest-quality, thoughtfully sourced ingredients.



Find refreshment at the co-op.  
**Summer's almost here!**



**2/\$3**

Kind  
Bars  
1.4 oz., selected varieties



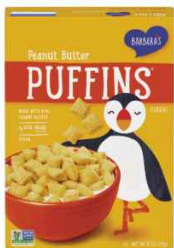
**3.79**

Nature's Bakery  
Organic Baked-Ins  
Oat Bars  
6-1.27 oz., selected varieties



**3.49**

Nature's Path  
Organic Cereal  
10-14 oz., selected varieties



**3.29**

Barbara's  
Cereal  
8-15 oz., selected varieties



**7.99**

Lakewood  
Organic Pure Juice  
32 fl. oz., selected varieties

**Find great deals on beverages at the co-op.**





**4.99**

Lily's  
Chocolate Peanut  
Butter Cups  
3.2-3.5 oz., selected varieties



*up your snack game*

From The Ground Up Cauliflower Cheddar Crackers and Butternut Squash Parmesan Crackers up your snack game with cheesy goodness! Certified vegan, gluten free and non-GMO. How's that for a crave-worthy snack with a plant-based twist?

**2/\$6**

From The Ground Up  
Cauliflower Snacks  
3.5- 4.5 oz., selected varieties



**2/\$7**

Dandies  
Vegan  
Marshmallows  
10 oz., selected varieties



**2.99**

Q Drink  
Drink Mixers  
4 pk.-7.5 fl. oz. cans,  
selected varieties



**3.79**

Simple Mills  
Almond Flour  
Cookies  
5.5 oz., selected varieties



*upgrade your sparkling water*

A line of award-winning, sustainably crafted sparkling waters that are organic, non-GMO and prepared with purified carbonated water and organic flavors from botanicals and fruits for a vibrant and refreshing taste.

**3.99**

Nixie  
Organic Sparkling  
Water  
8 pk.-12 fl. oz. cans, selected varieties



**4.49**

Unreal  
Chocolate Gems  
5 oz., selected varieties

**The co-op has summer snacking covered.**



**2/\$6**  
 Divine Chocolate  
 Chocolate Bars  
 3 oz., selected varieties



**2/\$6**  
 Terra  
 Vegetable Chips  
 5-6 oz., selected varieties



**4.99**  
 Garden of Eatin'  
 Tortilla Chips  
 16 oz., selected varieties



**4.49**  
 Zevia  
 Zero Calorie Soda  
 6 pk.-12 fl. oz. cans, selected varieties



**2/\$5**  
 Chocolove  
 Chocolate Bars  
 2.9-3.2 oz., selected varieties



**2/\$6**  
 Kettle Brand  
 Potato Chips  
 5 oz., selected varieties



**2/\$6**  
 Late July  
 Organic Salsa  
 15.5 oz., selected varieties



**2.79**  
 Late July  
 Organic Tortilla Chips  
 10.1 oz., selected varieties

heat up  
 snack time

Heat up the season with the perfect complements to your backyard barbecue. **Kettle Brand®** chips and **Late July®** Tortilla Chips and Salsa are the perfect sides to an outdoor meal or a simple, satisfying backyard snack all by themselves.

**Plan your next picnic with deals from the co-op.**





**5.99**  
**Mineral Fusion**  
**Nail Polish Remover**  
 6 fl. oz.



**19.99**  
**Country Life**  
**Coenzyme B-Complex**  
 120 ct.



**6.49**  
**Spectrum Essentials**  
**Organic Ground**  
**Flaxseed**  
 14 oz.



**8.99**  
**Seventh**  
**Generation**  
**100% Recycled**  
**Bath Tissue**  
 12 pk.



**15.99**  
**Derma E**  
**Vitamin C**  
**Concentrated**  
**Serum**  
 2 fl. oz.



**3.99**  
**Better Life**  
**All-purpose Cleaner**  
 32 fl. oz., selected varieties



**4.49**  
**Alaffia**  
**Deodorant**  
 2.65 oz., selected varieties



**6.49**  
**Acure**  
**Brightening Facial Scrub**  
 4 fl. oz.

**The co-op has safe products for home and family.**

## Shop for fresh, delicious, local food at a co-op near you.

### CONNECTICUT

Fiddleheads Co-op  
Willimantic Food Co-op

### DELAWARE

Newark Natural Foods Co-op

### FLORIDA

Community Co-op Market  
Everman Cooperative Grocery & Cafe

### GEORGIA

Daily Groceries Co-op  
Sevananda Natural Foods Market

### MAINE

Belfast Co-op  
Blue Hill Co-op  
Portland Food Co-op  
Rising Tide Co-op

### MARYLAND

Greenbelt Co-op Supermarket and Pharmacy  
The Common Market  
TPSS Co-op

### MASSACHUSETTS

Berkshire Food Co-op  
Green Fields Market  
McCusker's Market

River Valley Co-op

Wild Oats Market

### NEW HAMPSHIRE

Concord Food Co-op  
Hanover Co-op Food Stores  
Littleton Food Co-op  
Monadnock Food Co-op

### NEW YORK

Abundance Food Co-op  
East Aurora Co-op Market  
Flatbush Food Cooperative  
GreenStar Cooperative Market  
High Falls Food Co-op  
Honest Weight Food Co-op  
Hungry Hollow Co-op  
Lexington Cooperative Market  
Syracuse Cooperative Market

### NORTH CAROLINA

Chatham Marketplace  
Deep Roots Market  
Durham Co-op Market  
French Broad Food Co-op  
Hendersonville Community Co-op  
Tidal Creek Cooperative Food Market  
Weaver Street Market

### PENNSYLVANIA

East End Food Co-op  
Erie Food Co-op  
Mariposa Food Co-op  
Weavers Way Co-op

### RHODE ISLAND

Urban Greens Co-op Market

### TENNESSEE

Three Rivers Market

### VERMONT

Brattleboro Food Co-op  
City Market/Onion River Co-op  
Co-op Food Store  
Hunger Mountain Co-op  
Middlebury Natural Foods Co-op  
Putney Food Co-op  
Springfield Food Co-op  
Upper Valley Food Co-op

### VIRGINIA

Fredericksburg Food Co-op  
Friendly City Food Co-op  
Roanoke Co-op



*to find a food co-op near you, visit us online at: [grocery.coop](http://grocery.coop)*



*indulgence done right*

Premium, indulgent ice cream with the highest sourcing standards in the industry. Cosmic Bliss is certified organic, gluten free, non-GMO Project-verified and contains no soy, sugar alcohols or artificial sweeteners.

**5.49**

**Cosmic Bliss**  
**Organic Frozen Dessert**  
1 pint, selected varieties



Co-ops support products and services that ensure personal and planetary health; a legacy we can be proud to leave generations to come.

Some items may not be available at all stores or on the same days

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